



Bishop Barron's Lenten Program

Looking for a new approach to Lent...?

Join us as we embark on Bishop Robert Barron's Lenten journey: *Seven Deadly Sins, Seven Lively Virtues*. This very enlightening program expands on the sins of pride, envy, anger, sloth, greed, gluttony, and lust --- recognizing that these "seven deadly sins" are patterns of dysfunction that keep us separated from God and ultimately lead to unhappiness. Bishop Barron explains the nature of these sins and offers a corresponding virtue for each one, giving practical advice on how to instill this virtue in your own life.

We will be gathering in small groups for a presentation/discussion on a weekly basis --- beginning on February 12th, each Sunday evening from 6:00 – 8:30 PM, at St. Mary Church Hall.

Sign-up for this program is available through registration forms located at the back of the churches or on our parish website.

For more information, please contact Roxanne Raeside Wilton at 603 502-8041 or email Assumptionadultform@gmail.com.

SEVEN DEADLY SINS, SEVEN LIVELY VIRTUES

February 12 th	Orientation	Orientation Activities Introduction Video Introduction: A Deeper Look at Sin & Virtue
February 19 th	2 nd Session	Discuss Introduction questions Lesson 1 video: Pride & Humility Assign Lesson 1 reading and questions
February 26 th	3 rd Session	Discuss Chapter 1 questions Lesson 2 video: Envy & Admiration Assign Lesson 2 reading and questions
March 5 th	4 th Session	Discuss Chapter 2 questions Lesson 3 video: Anger & Forgiveness Assign Lesson 3 reading and questions
March 12 th	5 th Session	Discuss Chapter 3 questions Lesson 4 video: Sloth & Zeal Assign Lesson 4 reading and questions
March 19 th	6 th Session	Discuss Chapter 4 questions Lesson 5 video: Sloth & Zeal Assign Lesson 5 reading and questions
March 26 th	7 th Session	Discuss Chapter 5 questions Lesson 6 video: Gluttony & Asceticism Assign Lesson 6 reading and questions Sacrament of Reconciliation
April 2 nd		Palm Sunday; Soup Supper and Passion of Christ viewing
April 9 th April 16 th	8 th Session	Easter Sunday Discuss Chapter 6 questions Lesson 7 video: Lust & Chastity Assign Lesson 7 reading and questions
April 23 rd	9 th Session	Discuss Lesson 7 questions Wrap up

Bishop Robert Barron's

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Seven Deadly Sins / Seven Lively Virtues Study Program Registration

To register for the upcoming *Seven Deadly Sins / Seven Lively Virtues* program, please complete this form and return it to the Rectory by **February 5, 2023**. There is no charge for this program, but donations to cover the cost of materials is greatly appreciated.

Name _____

Address _____

City _____ Preferred phone number: _____

Email address: _____

Have you ever participated in a formation program? _____ Yes _____ No